

PRESS RELEASE

FOR IMMEDIATE RELEASE

DATE: October 12, 2016

RE: Ideal Green Market Co-op Volunteer Trainings & More

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PHOTOS: logo

The Ideal Green Market Cooperative recently celebrated its second birthday at the completion of the farmers market for the 2016 season. Local growers and food producers within 100 miles of the market were pleased with the expanded customer base which is allowing them to grow and expand their businesses in order to make local food more accessible in the area.

The market continues to be open to the public through the fall/winter season at reduced hours on Wednesdays and Thursdays 11am-6pm, Fridays 11am- 7pm, and Saturdays 9am-3pm. There continue to be local foods available from growers as the harvest season continues, especially for growers with green houses and/or hoop houses that extend the growing season in our northern Minnesota climate. It is anticipated the market will feature local greens such as romaine, lettuces, endive, squash, potatoes, and more through November. All shoppers are welcome, and membership has grown to 210 to date as the base foundation expands.

Volunteer Training dates are set for October 25, November 29 and January 24, 10am-noon each date at the market site. This orientation provides an overview and procedures to volunteering at the co-op.

A Holiday Gourmet Lunch & Silent Auction is scheduled for Saturday, December 10, 11am-2pm at the Old Milwaukee Club in Ideal Corners located at County Road 16 and County Road 39 about half-way between Pequot Lakes and Crosslake. The menu will feature local meats and vegetables and the silent auction will provide an opportunity to purchase unique gifts for giving at holiday time.

Classes are being organized now on topics such as coconut products and their uses, creating spice blends, benefits of chaga, and more so watch for more information coming soon.

There are many ways to be involved. It's about working together to create a more sustainable local food system. Board members and staff continue to learn about the grocery market business and the benefits of establishing a local food system in our area. As challenges are faced and addressed, they trust the community will continue with input and support through the development process.

For more information and / or to offer input, email manager@idealgreenmarket.com; visit www.idealgreenmarket.com; like them on Facebook, or call 218-543-6565.

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